







Help Network of North East Ohio
1344 Fifth Avenue
Youngstown, Ohio
330-746-7721 EXT. 410

December 2019

COMMUNITY CENTER



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1 Closed</p> 	<p>2 12pm Check-In Group 1-2pm Budgeting 2:30-3:30 BINGO !</p>	<p>3 12pm Check-In Group 1-2pm Diabetic EDU 2:30-3:30pm Darts!</p>	<p>4 12pm Check-In Group 1-2pm Gift Ideas 2:30-3:30pm NAMI</p>	<p>5 12pm Check-In Group 1- 2pm Goal Setting 2:30-3:30pm Mem-ber's Choice</p>	<p>6 12pm Check-In Group 1-2pm Ethics & Boundaries 2:30-3:30 BINGO !</p>	<p>7 Movie Day 12- 4pm</p>
<p>8 Closed</p> 	<p>9 12pm Check-In Group 1-2pm Peer Support 101 2:30-3:30 BINGO !</p>	<p>10 12pm Check in Group 1-2pm HIV 101 2:30-3:30pm Darts!</p>	<p>11 12pm Check in Group 1-2pm Ohio Means Jobs 2:30-3:30pm NAMI</p>	<p>12 12pm Check-In Group 1-2pm Hot Seat 2:30-3:30pm Mem-ber's Choice</p>	<p>13 12pm Check-In Group 1-2pm Addictions 2:30-3:30 BINGO !</p>	<p>14 Movie Day 12- 4pm</p>
<p>15 Closed</p> 	<p>16 12pm Check-In Group 1-2pm Winter Arts & Crafts 2:30-3:30 BINGO !</p>	<p>17 12pm Stretches/ Check in Group 1-2pm Keeping Warm 2:30-3:30pm Darts!</p>	<p>18 Community Center Christmas Party 1-3PM</p>	<p>19 12pm Check-In Group 1-2pm Meditation Class! 2:30-3:30pm Mem-ber's Choice</p>	<p>20 12pm Check-In Group 1-2pm Coping Skills 2:30-3:30 BINGO !</p>	<p>21 Movie Day & Therapy Dogs 12-4PM</p>
<p>22 Closed</p> 	<p>23 12pm Check-In Group 1-2pm Friendships 2:30-3:30 BINGO !</p>	<p>24 12pm Check in Group 1-2pm Support Systems 2:30-3:30pm Darts!</p>		<p>26 12pm Check-In Group 1-2pm Recovery 2:30-3:30pm Mem-ber's Choice</p>	<p>27 12pm Check-In Group 1-2pm Coloring Contest 2:30-3:30 BINGO !</p>	<p>28 Movie Day 12- 4pm Chef Ray</p>
<p>29 Closed</p> 	<p>30 12pm Check-In Group 1-2pm Depression 2:30-330 BINGO !</p>	<p>31 12pm Check-In Group 1-2pm HIV Screening 2:30-3:30pm Darts!</p>	