




# Salem March 2020

Peer Resource and Recovery Center  
 785 E State Street  
 Salem, Ohio 44460  
 330-385-7000  
[www.helpnetworkneo.org](http://www.helpnetworkneo.org)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
C L O S E D	2	3 1:00- 2:00 Mind, body & Spirit 2:00-2:30 Coffee & snacks 2:30- 3:00 Stretch bands 3:00- 4:00 Balancing life	4	5 2:00- 2:30 Music break down 2:30- 3:00 My Journey 3:00- 3:45 Relationship goals 3:45- 4:00 Clean up	6	7 C L O S E D
8 C L O S E D	9	10 1:00- 1:30 Quote 1:30-2:30 Personality types 2:30- 3:00 Coffee break 3:00- 4:00 Team building Sequence- or puzzles	11	12 2:00 -2:45 Skin Deep 2:45-3:00 break 3:00- 3:45 -2 little 2 much 3:45- 4:00 Clean up	13	14 C L O S E D
15 C L O S E D	16	17 1:00 2:00 Danger zone 2:00- 2:30 Coffee break 2:30- 3:30 Inspirational art 3:30- 4:00 Quote	18	19 <b>Closed for Saint Patrick's</b>  <b>Day party</b> 	20	21 C L O S E D
22 C L O S E D	23	24 1:00- 2:30 Stress relief 2:30- 3:00 (Lemonade) 3:00- 4:00 Paint & Sip	25	26 2:00- 3:00 Pizza Plus- "Social media helping or hurting"? 3:00- 3:45 Team-work feed - back & clean up	27	28 C L O S E D
29 C L O S E D	30	31 1:00-1:45 Highs N lows 1:45- 2:15 Refreshments & snacks 2:15- 3:30 PRRC BINGO 3:30- 4:00 Announcements		<i>March's theme: Recovery is holistic</i>	Tuesday group open from 1-4 Open to anyone 18 years and older Thursday young adults from 2-4 PM Open to anyone 18-27 years old	C L O S E D