

**Help Network of North East Ohio**  
**1344 Fifth Avenue**  
**Youngstown, Ohio**  
**330-746-7721 EXT. 410**

# August 2020

## COMMUNITY CENTER



*A Community of Caring People*

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						<b>1</b> Movie Day 12-330pm
<b>2</b> Closed	<b>3</b> 12pm Check In 1-2pm Positivity Works 2:30-3:30 <b>BINGO !</b>	<b>4</b> 12pm Check In 1-2pm <b>Diabetic EDU</b> 2:30-3:30pm Leisure	<b>5</b> 12pm Check In 1-2pm <b>Focus Group</b> 2:30-3:30pm Leisure	<b>6</b> 12pm Check In 1-2pm <b>Budgeting</b> 2:30-3:30pm <b>BINGO !</b>	<b>7</b> 12pm Check In 1-2pm <b>Meditation !</b> 2:30-3:30 Leisure	<b>8</b> Movie Day 12-330pm
<b>9</b> Closed	<b>10</b> 12pm Check In 1-2pm <b>Smile More</b> 2:30-3:30 <b>BINGO !</b>	<b>11</b> 12pm Check In 1-2pm <b>Affirmations</b> 2:30-3:30pm Leisure	<b>12</b> 12pm Check In 1-2pm <b>HOT SEAT</b> 2:30-3:30pm Leisure	<b>13</b> 12pm Check In 1-2 <b>Deal Breakers</b> 2:30-3:30pm <b>BINGO !</b>	<b>14</b> 12pm Check In 1-2pm <b>Meditation !</b> 2:30-3:30 Leisure	<b>15</b> Movie Day 12-330pm
<b>16</b> Closed	<b>17</b> 12pm Check In 1-2pm <b>Be Yourself</b> 2:30-3:30 <b>BINGO !</b>	<b>18</b> 12pm Check In 1-2pm <b>Coloring Contest</b> 230-330pm Darts!	<b>19</b> 12pm Check In 1-2pm <b>Substance Abuse</b> 230-330pm Leisure	<b>20</b> 12pm Check In 1-2pm <b>Relaxation</b> 230-330pm <b>BINGO !</b>	<b>21</b> 12pm Check In 1-2pm <b>Meditation !</b> 230-330 Leisure	<b>22</b> Movie Day 12-330pm
<b>23</b> Closed	<b>24</b> 12pm Check In 1-2pm <b>Coping Skills</b> 2:30-3:30 <b>BINGO !</b>	<b>25</b> 12pm Check In 1-2pm <b>Be KIND</b> 2:30-3:30pm Leisure	<b>26</b> 12pm Check In 1-2pm <b>Importance of Patience</b> 2:30-3:30pm Leisure	<b>27</b> 12pm Check In 1-2pm <b>Favorites Day</b> 2:30-3:30pm <b>BINGO !</b>	<b>28</b> 12pm Check In 1-2pm <b>Meditation !</b> 2:30-3:30 Leisure	<b>29</b> Movie Day 12-330pm
<b>30</b> Closed	<b>31</b> 12pm Check In 1-2pm <b>Boundaries</b> 2:30-3:30 <b>BINGO !</b>					

