











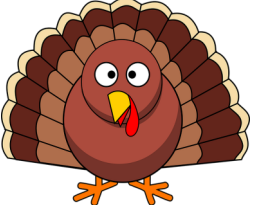


Help Network of North East Ohio
 1344 Fifth Avenue
 Youngstown, Ohio
 330-746-7721 EXT. 410

November 2020

COMMUNITY CENTER



A Community of Caring People

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Closed	2 12PM Check-in 1-PM Favorites Day 2:30 Leisure 	3 12PM Check-in 1-PM Anger Mgmt. 2:30 Leisure	4 12PM Check-in 1-PM Stay Positive 2:30 Leisure	5 12PM Check-In 1PM Diabetes 2:30 BINGO!	6 12PM Check-In 1PM Meditation 2:30 Leisure	7  MOVIE DAY
8 Closed	9 12PM Check-In 1PM Affirmations 2:30 BINGO!	10 12PM Check-in 1PM Smile More 2:30 Leisure	11 12PM Check-in 1-PM Blood Pressure 2:30 Leisure 	12 12PM Check-In 1PM Coping Skills 2:30 BINGO!	13 12PM Check-In 1PM Meditation 2:30 Leisure	14  I LOVE MOVIES © jgoode www.myJGD.com
15 Closed	16 12PM Check-In 1PM AOD 2:30 BINGO! 	17 12PM Check-in 1PM Signs of Depression 2:30 Leisure	18 12PM Check-In 1PM Conflict Resolution 2:30 Leisure	19 12PM Check-In 1PM Seasonal Affective Disorder 2:30 BINGO!	20 12PM Check-In 1PM Meditation 2:30 Leisure	21  MOVIE DAY
22 Closed 	23 12PM Check-In 1PM HOT SEAT 2:30 BINGO!	24 12PM Check-in 1PM Boundaries 2:30 Leisure	25 12PM Check-In 1PM Coloring Contest 2:30 Leisure	26 12pm Check-In 1PM Deal Breakers! 2:30 BINGO! 	27 12PM Check-In 1PM Meditation 2:30 Leisure	28  I LOVE MOVIES © jgoode www.myJGD.com
29 Closed	30 12PM Check-In 1PM Sex Edu. 2:30 BINGO!			 <i>Happy Thanksgiving</i>		 MOVIE DAY