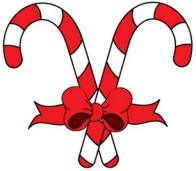









Help Network of North East Ohio
 1344 Fifth Avenue
 Youngstown, Ohio
 330-746-7721 EXT. 410

December 2020

COMMUNITY CENTER



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Closed		1 12PM Check-in 1-PM Budgeting 2:30 Leisure	2 12PM Check-in 1-PM Gift Ideas 2:30 Leisure	3 12PM Check-In 1PM Relaxation 2:30 BINGO!	4 12PM Check-In 1PM Meditation 2:30 Leisure	5  MOVIE DAY
6 Closed	7 12PM Check-In 1PM HOT SEAT 2:30 BINGO!	8 12PM Check-in 1PM Dealing w/ Depression 2:30 Leisure	9 12PM Check-in 1-PM Dealing w/ Anxiety 2:30 Leisure	10 12PM Check-In 1PM Anger Mgmt. 2:30 BINGO!	11 12PM Check-In 1PM Meditation 2:30 Leisure	12  I LOVE MOVIES © jgoode www.myJGD.com
13 Closed	14 12PM Check-in 1PM Fighting Covid-19 2:30 BINGO!	15 12PM Check-in 1PM Dealing w/ loss 2:30 Leisure	16 12PM Check-In 1PM AOD 2:30 Leisure	17 12PM Check-In 1PM Deal Breakers! 2:30 BINGO!	18 12PM Check-In 1PM Meditation 2:30 Leisure	19  MOVIE DAY
20 Closed	21 12PM Check-In 1PM Signs of Depression 2:30- BINGO !	22 12PM Check-in 1PM Flu Season 2:30 Leisure	23 12PM Check-In 1PM Coping Skills 2:30 Leisure	24 12pm Check-In 1PM Christmas Affirmations 2:30 BINGO!	25  Merry Christmas	26  I LOVE MOVIES © jgoode www.myJGD.com
27 Closed	28 12PM Check-In 1PM Mental Health Awareness 2:30 BINGO !	29 12PM Check-in 1-PM Positivity Works 2:30 Leisure	30 12PM Check-in 1-PM Sex EDU 2:30 Leisure	31 NEW YEAR'S EVE 12PM Check-In 1PM New Year New YOU 2:30- BINGO !		 MOVIE DAY

