





Help Network of North East Ohio
1344 Fifth Avenue
Youngstown, Ohio
330-746-7721 EXT. 410

February 2021

COMMUNITY CENTER



A Community of Caring People

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>Closed</i>	1 12PM <i>Check-In</i> 1PM <i>Staying Positive</i> 2:30PM BINGO!	2 12PM <i>Check-in</i> 1PM <i>Affirmations</i> 2:30PM <i>Leisure</i>	3 12PM <i>Check-in</i> 1PM <i>Effects of Smoking</i> 2:30PM <i>Leisure</i>	4 12PM <i>Check-In</i> 1PM <i>Deal Breakers!</i> 2:30PM BINGO!	5 12PM <i>Check-In</i> 1PM <i>Meditation</i> 2:30PM <i>Leisure</i>	6  MOVIE DAY
<i>7 Closed</i>	8 12PM <i>Check-In</i> 1PM HOT SEAT 2:30PM BINGO!	9 12PM <i>Check-in</i> 1PM <i>Dealing w/ Depression</i> 2:30PM <i>Leisure</i>	10 12PM <i>Check-in</i> 1PM <i>Dealing w/ Anxiety</i> 2:30PM <i>Leisure</i>	11 12PM <i>Check-In</i> 1PM <i>Anger Mgmt.</i> 2:30PM BINGO!	12 12PM <i>Check-In</i> 1PM <i>Meditation</i> 2:30PM <i>Leisure</i>	13  <small>© jgoode www.myJGD.com</small>
14 <i>Closed</i> HAPPY Valentine's DAY!	15 12PM <i>Check-in</i> 1PM <i>Fighting Covid-19</i> 2:30PM BINGO!	16 12PM <i>Check-in</i> 1PM <i>Dealing w/ loss</i> 2:30PM <i>Leisure</i>	17 12PM <i>Check-In</i> 1PM <i>AOD</i> 2:30PM <i>Leisure</i>	18 12PM <i>Check-In</i> 1PM <i>Favorite's Day</i> 2:30PM BINGO!	19 12PM <i>Check-In</i> 1PM <i>Meditation</i> 2:30PM <i>Leisure</i>	20  MOVIE DAY
<i>21 Closed</i>	22 12PM <i>Check-In</i> 1PM <i>Signs of Depression</i> 2:30PM BINGO!	23 12PM <i>Check-in</i> 1PM <i>Flu Season</i> 2:30PM <i>Leisure</i>	24 12PM <i>Check-In</i> 1PM <i>Coping Skills</i> 2:30PM <i>Leisure</i>	25 12PM <i>Check-In</i> 1PM <i>Black History</i> 2:30PM BINGO!	26 12PM <i>Check-In</i> 1PM <i>Meditation</i> 2:30PM <i>Leisure</i>	27  <small>© jgoode www.myJGD.com</small>
28 <i>Closed</i>	