

Help Network of North East Ohio
1344 Fifth Avenue
Youngstown, Ohio
330-746-7721 EXT. 410

January 2021

COMMUNITY CENTER



A Community of Caring People

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>Closed</i>					1 <i>NEW YEAR's DAY</i> <i>Closed</i>	2
3 <i>Closed</i>	4 12PM <i>Check-In</i> 1PM HOT SEAT 2:30 BINGO!	5 12PM <i>Check-in</i> 1PM Dealing w/ Depression 2:30 <i>Leisure</i>	6 12PM <i>Check-in</i> 1PM Dealing w/ Anxiety 2:30 <i>Leisure</i>	7 12PM <i>Check-In</i> 1PM Anger Mgmt. 2:30 BINGO!	8 12PM <i>Check-In</i> 1PM Meditation 2:30 <i>Leisure</i>	9
10 <i>Closed</i>	11 12PM <i>Check-in</i> 1PM Fighting Covid-19 2:30 BINGO!	12 12PM <i>Check-in</i> 1PM Dealing w/ loss 2:30 <i>Leisure</i>	13 12PM <i>Check-In</i> 1PM AOD 2:30 <i>Leisure</i>	14 12PM <i>Check-In</i> 1PM Deal Breakers! 2:30 BINGO!	15 12PM <i>Check-In</i> 1PM Meditation 2:30 <i>Leisure</i>	16
17 <i>Closed</i>	18 12PM <i>Check-In</i> 1PM Signs of Depression 2:30 BINGO!	19 12PM <i>Check-in</i> 1PM Flu Season 2:30 <i>Leisure</i>	20 12PM <i>Check-In</i> 1PM Coping Skills 2:30 <i>Leisure</i>	21 12pm <i>Check-In</i> 1PM <i>Budgeting</i> 2:30 BINGO!	22 12PM <i>Check-In</i> 1PM Meditation 2:30 <i>Leisure</i>	23
24 <i>Closed</i> <i>Closed 31</i>	25 12PM <i>Check-In</i> 1PM Mental Health Awareness 2:30 BINGO!	26 12PM <i>Check-in</i> 1PM Positivity Works 2:30 <i>Leisure</i>	27 12PM <i>Check-in</i> 1PM Sex EDU 2:30 <i>Leisure</i>	28 12PM <i>Check-In</i> 1PM <i>New Year New YOU</i> 2:30 BINGO!	29 12PM <i>Check-In</i> 1PM Meditation 2:30 <i>Leisure</i>	30

