

**Help Network of North East Ohio**  
**1344 Fifth Avenue**  
**Youngstown, Ohio**  
**330-746-7721 EXT. 410**

# June 2021

## COMMUNITY CENTER



*A Community of Caring People*

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<b>1</b> 12PM <i>Check-In</i> 1PM <b>Staying Positive</b> 2:30 <i>Leisure</i>	<b>2</b> 12PM <i>Check-In</i> 1PM <b>HOT SEAT</b> 2:30 <i>Leisure</i>	<b>3</b> 12PM <i>Check-In</i> 1PM <b>Bad Habits</b> 2:30 <b>BINGO!</b>	<b>4</b> 12PM <i>Check-In</i> 1PM <b>Meditation</b> 2:30 <i>Leisure</i>	<b>5</b> Closed 
<b>6</b> Closed	<b>7</b> 12PM <i>Check-In</i> 1PM <b>Plan A Party</b> 2:30 <b>BINGO!</b>	<b>8</b> 12PM <i>Check-In</i> 1PM <b>Anxiety Relief</b> 2:30 <i>Leisure</i>	<b>9</b> 12PM <i>Check-In</i> 1PM <b>Coloring Contest</b> 2:30 <i>Leisure</i>	<b>10</b> 12PM <i>Check-In</i> 1PM <b>Favorite's Day</b> 2:30 <b>BINGO!</b>	<b>11</b> 12PM <i>Check-In</i> 1PM <b>Meditation</b> 2:30 <i>Leisure</i>	<b>12</b> Closed
<b>13</b> Closed	<b>14</b> 12PM <i>Check-In</i> 1PM <b>Friendship</b> 2:30 <b>BINGO!</b>	<b>15</b> 12PM <i>Check-In</i> 1PM <b>Depression Hurts</b> 2:30 <i>Leisure</i>	<b>16</b> 12PM <i>Check-In</i> 1PM <b>Card Creation</b> 2:30 <i>Leisure</i>	<b>17</b> 12pm <i>Check-In</i> 1PM <b>Life Review</b> 2:30 <b>BINGO!</b>	<b>18</b> 12PM <i>Check-In</i> 1PM <b>Meditation</b> 2:30 <i>Leisure</i>	<b>19</b> Closed
<b>20</b> 	<b>21</b> 12PM <i>Check-In</i> 1PM <b>Boundaries</b> 2:30 <b>BINGO!</b>	<b>22</b> 12PM <i>Check-In</i> 1PM <b>Addictions</b> 2:30 <i>Leisure</i>	<b>23</b> 12PM <i>Check-In</i> 1PM <b>Positive Reinforcements</b> 2:30 <i>Leisure</i>	<b>24</b> 12pm <i>Check-In</i> 1PM <b>Mental Health Fact Check</b> 2:30 <b>BINGO!</b>	<b>25</b> 12PM <i>Check-In</i> 1PM <b>Meditation</b> 2:30 <i>Leisure</i>	<b>26</b> Closed 
<b>27</b> Closed 	<b>28</b> 12PM <i>Check-In</i> 1PM <b>Maslow</b> 2:30 <b>BINGO!</b>	<b>29</b> 12PM <i>Check-In</i> 1PM <b>Open Discussion</b> 2:30 <i>Leisure</i>	<b>30</b> 12PM <i>Check-In</i> 1PM <b>Silver Lining</b> 2:30 <i>Leisure</i>			

