




















Help Network of North East Ohio
1344 Fifth Avenue
Youngstown, Ohio
330-746-7721 EXT. 410

August 2021

COMMUNITY CENTER



A Community of Caring People

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 	2 12PM Check-In 1PM AOD 2PM BINGO	3 12PM Check-in 1PM Budgeting 2PM <i>Leisure</i>	4 <i>Summer Luau Party</i>  Starts @12 	5 12PM Check-In 1PM BINGO! 2PM Hot Seat	6 12PM Check-In 1PM Meditation 2PM <i>Leisure</i>	7 Closed 
8 Closed 	9 12PM Check-In 1PM Dr. Smith 2PM BINGO!	10 12PM Check-in 1PM Gratitude 2PM <i>Leisure</i> 	11 12PM Check-in 1-PM Game Day 2PM <i>Leisure</i>	12 12PM Check-In 1PM BINGO! 2PM Personal Safety 	13 12PM Check-In 1PM Meditation 2PM <i>Leisure</i>	14 Closed 
15 Closed 	16 12PM Check-In 1PM Addictions 2PM BINGO!	17 12PM Check-in 1PM Depression 2PM <i>Leisure</i>	18 12PM Check-In 1PM Coping Skills 2PM <i>Leisure</i>	19 12PM Check-In 1PM BINGO! 2PM Stress Relief 	20 12PM Check-In 1PM Meditation 2PM <i>Leisure</i>	21 Closed 
22 Closed 	23 12PM Check-In 1PM Dr. Smith 2PM BINGO! 	24 12PM Check-in 1PM To-Do List 2PM <i>Leisure</i>	25 12PM Check-In 1PM Anxiety 2PM <i>Leisure</i> 	26 12pm Check-In 1PM BINGO! 2PM Open Discussion	27 12PM Check-In 1PM Meditation 2PM <i>Leisure</i>	28 Closed    
29 Closed 	30 12PM Check-In 1PM Addictions 2PM BINGO!	31 12PM Check-in 1PM Boundaries 2PM <i>Leisure</i>	