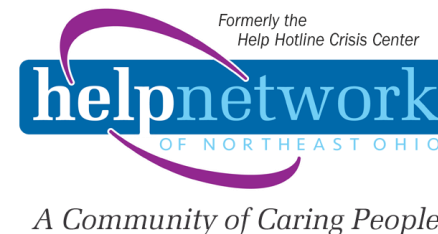


Help Network of North East Ohio  
 1344 Fifth Avenue  
 Youngstown, Ohio  
 330-746-7721 EXT. 410

# September 2021

## COMMUNITY CENTER



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 12 Check In 1-2 <b>Boundaries</b> 2:30-3:30 <i>Leisure</i>	2 12 Check In 1-2 <b>BINGO !</b> 2:30-3:30 <b>NAMI</b>	3 12 Check In 1-2 <b>Meditation !</b> 2:30-3:30 <i>Leisure</i>	4 Closed 
5 Closed 	6 <b>Labor Day</b> CC-Closed	7 12 Check In 1-2 <b>Blood Pressure</b> 2:30-3:30 <i>Leisure</i>	8 12 Check In 1-2 <b>Smile More</b> 2:30-3:30 <i>Leisure</i>	9 12 Check In 1-2 <b>Mr. Lisi/BINGO</b> 2:30-3:30 <b>NAMI</b>	10 12 Check In 1-2 <b>Relaxation !</b> 2:30-3:30 <i>Leisure</i>	11 Closed 
12 Closed 	13 12 Check In 1-2 <b>Dr. Smith</b> 2:30-3:30 <b>BINGO !</b>	14 12 Check In 1-2 <b>Healthy Hearts</b> 230-330 <i>Leisure</i>	15 12 Check In 1-2 <b>Ohio Means Jobs</b> 230-330 <i>Leisure</i>	16 12 Check In 1-2 <b>BINGO !</b> 230-330 <b>NAMI</b>	17 12 Check In 1-2 <b>Meditation !</b> 230-330 <i>Leisure</i>	18 Closed 
19 Closed 	20 12 Check In 1-2 <b>Staying Positive</b> 2:30-3:30 <b>BINGO !</b>	21 12 Check In 1-2 <b>Substance Abuse</b> 2:30-3:30 <i>Leisure</i>	22 12 Check In 1-2 <b>Be true to You</b> 2:30-3:30 <i>Leisure</i>	23 12 Check In 1-2 <b>BINGO !</b> 2:30-3:30 <b>NAMI</b>	24 <b>HNNEO 50th Anniversary Event</b> CC-Closed	25 Closed 
26 Closed 	27 12 Check In 1-2 <b>Dr. Smith</b> 2:30-3:30 <b>BINGO !</b>	28 12 Check In 1-2 <b>Coping Skills</b> 2:30-3:30 <i>Leisure</i>	29 12 Check In 1-2 <b>Deal Breakers</b> 2:30-3:30 <i>Leisure</i>	30 12 Check In 1-2 <b>BINGO !</b> 2:30-3:30 <b>NAMI</b>		