

Help Network of North East Ohio
 1344 Fifth Avenue
 Youngstown, Ohio
 330-746-7721 Ext. 410

♥ **February 2022** ♥
COMMUNITY CENTER



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 12pm Check-in 1pm Dealing w/ Anxiety 2:30 Leisure	2 12pm Check-in 1pm Goal Settings 2:30 Leisure 	3 12pm Check-In 1pm Vince Lisi Meditation/ BINGO! 2:30 NAMI	4 12pm Check-In 1pm Meditation 2:30 Leisure 	5 Open Leisure Day 12-4pm
6 Closed	7 12pm Check-in 1pm Strengths 2:30 BINGO!	8 12pm Check-in 1pm Mercy Health 2:30 Leisure	9 12pm Check-In 1pm Ohio Means Jobs 2:30 Leisure	10 12pm Check-In 1pm BINGO! 2:30 NAMI	11 12pm Check-In 1pm Meditation 2:30 Leisure	12 Open Leisure Day 12-4pm
13 Closed	14 12pm Check-In 1pm Budgeting 2:30 BINGO! 	15 12pm Check-in 1pm HOT SEAT! 2:30 Leisure	16 12pm Check-In 1pm AOD 2:30 Leisure 	17 12pm Check-In 1pm BINGO! 2:30 NAMI	18 12pm Check-In 1pm Meditation 2:30 Leisure	19 Open Leisure Day 12-4pm
20 Closed	21 12pm Check-In 1pm Dr. Smith 2:30 BINGO! 	22 12pm Check-in 1pm Coping Skills 2:30 Leisure	23 12pm Check-in 1pm Deal Breakers 2:30 Leisure	24 12pm Check-In 1pm BINGO! 2:30- NAMI	25 12pm Check-In 1pm Meditation 2:30 Leisure 	26 Open Leisure Day 12-4pm
27 Closed	28 12pm Check-In 1pm 2:30 BINGO!	<i>Happy Valentines Day</i>				