



# June 2022

509 Market St. East Liverpool OH.43920, 330-385-7000

Monday		Wednesday	Thursday	Friday
 <p><b>Junes' theme: Celebrating diversity!</b></p>		<p><b>1</b></p> <p>10:30-10:50 Member led announcements 11:00-12:00 Community Transportation options 12:45-1:45 PRRC BINGO 2:00-3:00 SPA- Day</p>	<p><b>2</b></p> <p>10:30-11:00 Walk or MS 11:00-12:00 Acceptance: Self &amp; others 1:00-2:00 Group art project 2:10-3:00 sequence or cards</p>	<p><b>3</b></p> <p>10:30-11:00 Highs N lows 11:00-12:00 Karaoke or music by request 1:00- 2:00 Sequence or spoons 2:10-3:00 Name 5</p>
<p><b>6</b></p> <p>10:30-11:00 Clip chat 11:00-12:00 Finding purpose 1:00-2:00 Family Feud 2:00-3:00 Jeopardy</p>	<p><b>7</b></p> <p>10:30-10:45 Stretch bands 11:00-12:00 Effects of bullying 1:00- 2:00 Center decorations or Journaling prompt competition 2:00-2:45 Music</p>	<p><b>8</b></p> <p>10:30-11:00 Quote 11:00 to 12:00 My Journey 1:00-2:00 Floats &amp; Takeaways 2:10-3:00 Pictionary</p>	<p><b>9</b></p> <p>10:30-10:50 Meditation 11:00-12:00 PTSD 1:00-2:00 Paint or draw your feelings 2:10-3:00 Charades or Pictionary</p>	<p><b>10</b></p> <p>10:30-12:30 Belmont stakes race event &amp; snacks 1:00-2:00 Dandelion or check in 2:10-3:00 Corn hole or golfing</p>
<p><b>13</b></p> <p>10:30-11:00 Fast fitness 11:00-12:00 Proactive in recovery 1:00-2:30 Patriotic crafts 2:30-3:00 Uno or journaling</p>	<p><b>14</b></p> <p>10:30-11:00 Meditation 11:00-12:00 Reducing stress 1:00-2:00 Nature in recovery- challenge 2:10-3:00 Lets make a deal- Budgeting</p>	<p><b>15</b></p> <p>10:30-10:45 Check In 11:00-12:00 Autism awareness 1:00-2:00 Social cues- role play 2:10-3:00 Wheel of encouragement</p>	<p><b>16</b></p> <p>10:30-11:00 Walk or MS 11:00-12:00 Finding purpose 1:00-1:45 DBT skills 2:00-3:00 Corn hole or music</p>	<p><b>17</b></p> <p>10:30-11:00 Highs N lows 11:00-12:00 Celebrating diversity Open discussion 12:45-1:45 BINGO 2:00-3:00 Name that tune or cards</p>
<p><b>20</b></p> <p>10:30-11:00 Current events 11:00-12:00 Benefits of juicing 1:00-2:00 Craft corner 2:10-3:00 Corn hole or golfing</p>	<p><b>21</b></p> <p>10:30-12:30 Movie &amp; snacks "Spiderman no way home" 1:00-2:00 Tough choices 2:10-3:00 Name 5</p>	<p><b>22</b></p> <p>10:30-11:00 Lunch N Fun "Supporting our LGBTQ+ Peers in Recovery" with Georgia Smith 1:00-2:00 Takeaways 2:15-3:00 Music</p>	<p><b>23</b></p> <p>10:30-11:00 WTD 11:00-12:00 Medication &amp; substance use 1:00-2:00 Family Feud 2:10- 3:00 Inspiration boards or music</p>	<p><b>24</b></p> <p>10:30-11:00 2 little 2 much 11:00-12:00 Karaoke or open mic 1:00-2:30 Lets make a deal 2:30-3:00 Brain teasers</p>
<p><b>27</b></p> <p>10:30-11:00 Yoga 11:00-12:00 Awareness &amp; sensitivity 1:00-2:00 SPA Day 2:45-3:00 Jeopardy</p>	<p><b>28</b></p> <p>10:30-11:00 Meditation 11:00-12:00 Doctors check up 1:00-2:00 Brain teasers 2:30-3:00 The price is right- Budgeting</p>	<p><b>29</b></p> <p>10:30-11:00 Clip chat 11:00-12:00 Cooking Lesson 1:00-2:00 Dual diagnosis 2:00-3:00 Charades</p>	<p><b>30</b></p> <p>10:30-11:00 Walk 11:00-12:00 Negative to positive 1:00-2:00 Accountability 2:00-3:00 Group art project or journaling</p>	



