

Help Network of North East
Ohio
1344 Fifth Avenue
Youngstown, Ohio
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September 2022

COMMUNITY CENTER



A Community of Caring People

Sun Mon Tue Wed Thu Fri Sat

				<p>1 12pm Check-In 1PM Meditation/ Mr Lisi </p> <p>2:30 PM NAMI!</p>	<p>2 </p> <p>12PM Check-In 1PM Hygiene 2PM BINGO! 3PM Zoom Meet</p>	<p>3 Open 12-4 Leisure</p>
<p>4 <i>Closed</i></p>	<p>5 LABOR DAY</p> <p>Sorry, We are CLOSED</p>	<p>6 12PM Check-In 1PM Mercy Health 2:30 PM Journaling</p>	<p>7 12PM Check-In 2PM Ohio Means Jobs 3PM Leisure</p>	<p>8 12PM Check-In 1PM OCD 2:30 PM NAMI!</p>	<p>9 12PM Check-In 1PM Sleep Habits 2PM BINGO!</p>	<p>10 Open 12-4 Leisure</p>
<p>11 <i>Closed</i></p>	<p>12 12PM Check-In 1PM Budgeting 2PM BINGO!</p>	<p>13 12PM Check-In 1PM Brightview 2:30 PM Journaling</p>	<p>14 12PM Check-In 1PM Addictions 2:30 Leisure</p>	<p>15 12PM Check-In 1PM Stress 2:30PM NAMI!</p>	<p>16 12PM Check-In 1PM Cleaning House 2PM BINGO! 3PM Zoom Meet</p>	<p>17 Open 12-4 Leisure</p>
<p>18 <i>Closed</i></p>	<p>19 12PM Check-In 1PM Choices in Recovery 2PM BINGO!</p>	<p>20 12PM Check-In 1PM Boundaries 2:30 PM Journaling</p>	<p>21 12PM Check-In 1PM Tai Chi Warm Up 2:30 PM Leisure</p>	<p>22 12pm Check-In 1PM Healthy Diet 2:30 PM NAMI!</p>	<p>23 12PM Check-In 1PM Self-Awareness 2PM BINGO! 3PM Zoom Meet</p>	<p>24 Open 12-4 Leisure</p>
<p>25 <i>Closed</i></p>	<p>26 12PM Check-In 1PM Home Etiquette 2PM BINGO!</p>	<p>27 12PM Check-In 1PM Medications 2:30 PM Journaling</p>	<p>28 12PM Check-In 1PM Anxiety 2:30 PM Leisure</p>	<p>29 12pm Check-In 1PM Social Cues 2:30 PM NAMI!</p>	<p>30 12PM Check-In 1PM Painting 2PM BINGO! 3PM Zoom Meet</p>	

