Help is Here

MISSION STATEMENT
Improving lives by providing immediate comprehensive services to support and connect people with community resources.

Help Network of Northeast Ohio can link you to a wealth of community programs and resources that offer help with needs such as:

- Mental health
- Substance abuse
- Veterans
- Food
- Homelessness
- Victims assistance
- Utilities assistance
- Health
- Housing
- Seniors

For help with these or any other needs, you can:
- Call 211, 24 hours a day, 7 days a week
- Visit HelpNetworkNEO.org to search the 211 Database

RECOVERY, EDUCATION AND SUPPORT GROUPS

B.R.I.D.G.E.S. (Building Recovery of Individual Dreams Through Education and Support)
A ten-week course for mental health consumers taught by mental health consumers. It is meant to empower consumers of mental health services to accept their illness, take control of their illness, and become an active member of their individual communities. Participants learn how medications work on the brain and, most importantly, learn about recovery.

W.R.A.P. (Wellness Recovery Action Project)
Offers ongoing assistance in the development of skills to aid in mental health consumers’ recovery.

Suicide Prevention Education
Speakers are available to discuss suicide prevention at schools, groups and trainings.

Survivors of Suicide Support Group
A grief group that meets in Mahoning and Columbiana Counties for families and friends who are coping with the death of a loved one due to suicide.

Victims of Crime Support Group
A support system in Mahoning, and Columbiana Counties to facilitate recovery from trauma.

Special Navigator for Families with Special Needs
A Parent/Family Specialist provides free guidance to help families navigate the maze of medical, education, mental health and substance abuse issues and community support services. This service is available for Mahoning and Trumbull County residents.

Help Network of Northeast Ohio provides 24/7 crisis intervention, suicide prevention and intervention, referrals, support services and counseling services to persons experiencing mental health-related and/or situational problems.

We also:
- refer and link persons in need of emergency assistance to community resources
- disseminate information about community human services to individuals and families who need them
- work with planning organizations and government units to ensure these services are provided

Help Network of Northeast Ohio
261 East Wood Street
Youngstown, OH 44503
330-747-5111

Help is Here
HelpNetworkNEO.org
Every Thursday from 1-3 pm.

Peers supporting peers will provide a fresh, fun and relevant approach for everyday challenges young adults face. Young Adult group is held for individuals experiencing any type of crisis.

211 Information and Referral

A comprehensive, up-to-date database of community resources available 24 hours a day, offering centralized information and referral for individuals seeking various services in the community. People can access the database via the Help Network of Northeast Ohio or referral to other agencies. Individuals can access the comprehensive database of community resources through our website, HelpNetworkNEO.org.

Food Pantries and Free Meal Sites

To get information about area food pantries and free meal sites sent directly to your cell phone, text HELP NETWORK to 880211. At the prompt, enter “1” for information about food pantries, or “2” to learn about free meal sites near you.

Deaf and Hearing-Impaired

Help Network of Northeast Ohio is able to assist deaf and hearing-impaired individuals via the TDD with all services listed and to contact interpreter services after hours.

WarmLine

A Peer-to-Peer service that specializes in helping individuals who are struggling with mental health or substance abuse issues or know of someone who just needs someone to talk to. Services available Monday–Friday 4-11 pm and Saturdays 1-3 pm at 1-866-303-PEER (7337).

Senior Line

Information and referral and support services are available to the 55+ population of Mahoning, Trumbull and Columbiana Counties.

PROGRAMS

Peer Resource and Recovery Programs - Youngstown and East Liverpool - Young Adult Group

This program is offered at The Community Center, 1344 Fifth Avenue in Youngstown; and the Peer Resource and Recovery Center, 509 Market Street in East Liverpool. Here, individuals with severe and persistent mental illness gather and participate in programming to assist in coping with their illness. There are recovery groups along with social, recreational and fitness activities to promote overall wellness and fellowship. In addition, this program has a number of peer specialists who have specific training to work with individuals with mental illness and/or substance abuse issues. The Young Adult Group is a program for young adults between the ages of 18-29 and living with a mental health or addiction disorder. Young Adults can join the program for support, encouragement and real-life solutions for recovery. Peers supporting peers will provide a fresh, fun and relevant approach for everyday challenges young adults face. Young Adult group is held every Thursday from 1-3 pm.

Intensive Guardianship Program

This program is for individuals who are in need of a Guardian to oversee them. It can only be accessed through referrals from the Mental Health & Recovery or Developmental Disabled systems that contract with Help Network for Guardian Services. In addition, the probate court has ultimate approval of all the guardianships.

Payingship Programs

The Payeship Program provides support to individuals who are unable to manage their income. These individuals are referred by the Mental Health & Recovery or Developmental Disabilities providers for consideration. This service is provided for individuals from Mahoning and Trumbull Counties.

Victims Assistance

The agency offers immediate crisis intervention, community resources and emergency linkage to rape counselors and domestic violence professionals/shelters. A Victims Advocate provides community support, advocacy and reassurance to victims of crime following a traumatic experience.

Mahoning Valley Dispute Resolution Services

A confidential, neutral and independent third-party mediation and dispute resolution service. Mediation services offer an effective and economical alternative to traditional dispute resolution options like courts and law enforcement. MVDRS is the sole regional provider of comprehensive mediation services to resolve disputes including civil actions, landlord/tenant, consumer, workplace, neighborhood and family.

Family Success Network

The Family Success Network is a child abuse and neglect prevention program geared toward all families in Columbiana, Mahoning, and Trumbull Counties. This program is designed to strengthen resiliency and increase protective factors for families through information and referral, Family Coaching, Triple P, Transition to Independence and Money 101 programs. Through this voluntary program, at risk families can gain the knowledge and skills necessary to avoid child welfare intervention.

Housing Opportunities Program

This program provides rental assistance for up to two years to Mahoning County residents who are receiving services through agencies connected with the Mahoning County Mental Health and Recovery Board. Help Network also offers permanent and supportive housing vouchers through this program. Participants in both of these programs must be involved with the Mahoning County Mental Health and Recovery system. Help Network is also in a partnership with two other social services providers in the Commons at Madison, a permanent and supportive housing project designed for individuals with mental health and/or substance abuse issues.

Homeless Outreach Program

The PATH (Project for Assistance in Transition from Homelessness) is a SAMHSA grant funded program that provides outreach in both Mahoning and Trumbull Counties to individuals who are experiencing homelessness-attempting to link them with resources and stable housing.

Coordinated Entry

Coordinated Entry is a process intended to help communities prioritize people who are most in need of assistance for housing within Mahoning County. Once contact has been made via our call center at 211, the Housing Entry Coordinator will follow up with the person to complete an in-depth assessment. The assessment will determine which program a person qualifies for and they are placed on a priority list.

The person will be eligible for housing through Mahoning County’s Homeless Continuum of Care.