



A Community of Caring People

Help Network's Community Center
 1344 5th Avenue
 Youngstown, Ohio 44504
 Mon-Sat 12-4
 (330) 301-1898
 (330) 746-7721 ext. 410

December 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 12-Check In 1-Holiday Budgeting 2-BINGO	2 Sorry, we are CLOSED
3 CLOSED	4 12-Check In 1-Personal Hygiene 2-BINGO	5 12-Check In 1-Mercy Health 2-Creative Expression	6 12-Check In 1-Janssen Community Presentation 2-Leisure	7 12-Check In 1-Gambling 2:30-NAMI	8 12-3-Holiday Party!	9 Open 12-4 Leisure
10 CLOSED	11 12-Check In 1-Relapse Prevention 2-BINGO	12 12-Check In 1-Open Discussion 2-Creative Expression	13 12-Check In 1-Managing Expectations 2-Leisure	14 12-Check In 1-Personal Growth 2:30-NAMI	15 12-Check In 1-Grief and the Holidays 2-BINGO	16 Open 12-4 Leisure
17 CLOSED	18 12-Check In 1-Community Safety Presentation 2-BINGO	19 12-Check In 1-Mental Health Jenga 2-Winter Paintings	20 12-Check In 1-Winter Blues 2-Leisure	21 12-Check In 1-Addiction 2:30-NAMI	22 12-Check In 1-Healthy Holiday Choices 2-BINGO	23 Sorry, we are CLOSED
24 CLOSED 31 CLOSED	25 Sorry, we are CLOSED	26 12-Check In 1-Tai Chi Warmups 2-Creative Expression	27 12-Check In 1-Member's Choice 2-Leisure	28 12-Check In 1-Music Appreciation 2:30-NAMI	29 12-Check In 1-New Year, New Me! 2-BINGO	30 Open 12-4 Leisure

Upcoming Events

NEW CLUBHOUSE is here at the Center 9am-1pm M-F.

Come by and join us!

The Community Center will be **CLOSED** on Saturday, December 2nd, Saturday December 23rd, and Monday December 25th. Happy holidays!

The Mobile Market will be at Help Network Community Center on Friday, December 1st from 1-2:30 pm.

Be sure to bring your ID to receive a \$25 grocery voucher for the Mobile Market.