



A Community of Caring People

Help Network's Community Center
 1344 5th Avenue
 Youngstown, Ohio 44504
 Mon-Sat 12-4
 (330) 301-1898
 (330) 746-7721 ext. 410

March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 12-Check In 1-Meditation 2-BINGO	2 Open 12-4 Leisure
3 CLOSED	4 12-Check In 1-Emotions 2-BINGO	5 12-Check In 1-Gratitude 2-Creative Expression	6 Sorry, we are CLOSED	7 12-Check In 1-Healthier Eating & Cooking 2:30-NAMI	8 12-Check In 1-Mercy Health 2-BINGO	9 Open 12-4 Leisure
10 CLOSED	11 12-Check In 1-Substance Use Disorders 2-BINGO	12 12-Check In 1-Mental Health Jenga 2-Journaling	13 12-Check In 1-Meridian Gambling Presentation 2-Leisure	14 12-Check In 1-Janssen Community Presentation 2:30-NAMI	15 12-Check In 1-St. Patrick's Day Cupcakes! 2-Marathon BINGO	16 Open 12-4 Leisure
17 CLOSED	18 12-Check In 1-Coping Skills 2-BINGO	19 12-Check In 1-Game Day! 2-Spring Paintings	20 12-Check In 1-Music Share 2-Leisure	21 12-Check In 1-Let's Dance! 2:30-NAMI	22 12-Check In 1- CC Rights and Responsibilities 2-BINGO	23 Open 12-4 Leisure
24 CLOSED 31 CLOSED	25 12-Check In 1- Community Safety Presentation 2-BINGO	26 12-Check In 1-Open Discussion 2-Journaling	27 12-Check In 1-MCTA Workforce 2-Leisure	28 12-Check In 1-Oak St. Health Craft Day! 2:30-NAMI	29 12-Check In 1-Egg Hunt! 2-BINGO	30 Open 12-4 Leisure

Upcoming Events:

The Mobile Market will be at Help Network Community Center on Tuesday, March 5th from 12-2pm. There are a limited number of \$15 vouchers with photo ID. Use of other forms of payment such as EBT, SNAP, WIC, cash, card, or virtual pay are kindly encouraged.

On Wednesday, March 13th, Stephanie from Meridian Healthcare will be presenting on ways to stay safe and be responsible when gambling.

Please consider joining us for this important and informative presentation!

On Wednesday, March 27th, Laura from MCTA will be here to provide information on education and career opportunities, funding, and support. Stop by to learn more about resources, supports, and opportunities to join the workforce!

Join us on Thursday, March 28th for Oak Street Health Craft Day! A guest presenter from Oak Street Health will facilitate a fun seasonal craft with our members. We hope you'll join us!

On Friday, March 29th, we'll be having our annual Egg Hunt! Come join us and hunt for eggs filled with goodies!