



Peer Resource and Recovery Center  
**March 2026**

509 Market St. East Liverpool OH.43920, 330-385-7000

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
10:30-11:00 Mental Health Jenga 11:00-12:00 Letter to Self 1:00-2:00 Center Decorating 2:00-3:00 Trivia Crack	10:30-11:00 Fit Club 11:00-12:00 Gratitude Group 1:00-2:00 Changing your Mindset 2:00-3:00 Would you Rather?	10:30-11:00 Meditation 11:00-12:00 PTSD 101 1:00-2:00 Recovery Hot Seat 2:00-3:00 Golf or Cards	10:30-11:00 Fit Club 11:00-12:00 Emotion Wheel 1:00-2:00 Managing Stress w/ Crafting 2:00-3:00 2 Truths & a Lie	10:30-11:00 Conversation Sticks 11:00-12:00 Karaoke or Open Mic 1:00-2:00 Brain Teasers or Puzzles 2:00-3:00 Name that Tune
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
10:30-11:00 Mood Check In 11:00-12:00: Could you Survive Wealth? 1:00-2:00: Work Ordered Day 2:00-3:00: Headbands	10:30-11:00: Fit Club 11:00-12:00: 8 Dimensions of Wellness 1:00-2:00: Team Building Exercises 2:00-3:00: Trivia	10:30-11:00 Current Events 11:00-12:00 BINGO 1:00-2:00: Gambling Education w/ Jasmine 2:00-3:00: This, That, & Everything	10:30-11:00: Fit Club 11:00-12:00 Accountability Jeopardy 1:00-2:00 Mental Health 2:00-3:00: Discovering Your Strengths-Totem Game	10:30-11:00 2 Little, 2 Much 11:00-12:00 Music by Request 1:00-2:00 Card Icebreaker Activity 2:00-3:00 Cornhole
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
10:30-11:00 Mindfulness 11:00-12:00 Coping w/ Cravings & Triggers 1:00-2:00 Creativity in Recovery 2:00-3:00 Worst Case Scenario	10:30-12:30: Leprechaun Raceway 1:00-2:00 St Patrick's Day Brain Teasers & Shamrock Shakes 2:00-3:00 St Patrick's Trivia	10:30-1:30 Lunch n Fun: "Addiction from A to Z" w/ Tawnia Jenkins 1:30-2:00 Takeaways 2:00-3:00 Pictionary	10:30-11:00: Fit Club 11:00-12:00 Symptom Wheel 1:00-2:00 Drawing Your Feelings 2:00-3:00 Scategories	10:30-11:00 Balloon Badminton 11:00-12:00 Highs & Lows 1:00-3:00 PRRC Annual Talent Show (must sign up by 3/13)
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
10:30-11:00 Chair Yoga 11:00-2:00 Paint n Sip 2:00-3:00 Music	10:30-12:30: Movie & Snacks: 1:00-2:00 Work Ordered Day 2:00-3:00 Brain Teasers	10:30-11:00 Icebreaker Ball 11:00-12:00 Self Harm Awareness & Support 1:00-2:00 Hoarding 2:00-3:00 Yahtzee	10:30-11:00: Fit Club 11:00-12:00 Codependency 1:00-2:00 Music for Mood 2:00-3:00 Charades	10:30-11:00 Goal Check In 11:00-12:00 Member Led Group & Cocoa: Recovery Story 1:00-2:00 BINGO 2:00-3:00 Uno
<b>30</b>	<b>31</b>			
10:30-11:00 WTD 11:00- 12:00 Acceptance in Recovery 1:00-2:00 Crafting for Calmness 2:00-3:00 Board Games	10:30-11:00 Fit Club 11:00-12:00 Cooking Lesson 1:00-2:00 Group Home Life 2:00-3:00 Name 5			Check out our Facebook: 





