



Peer Resource and Recovery Center

April 2026

509 Market St. East Liverpool OH.43920, 330-385-7000

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Check Out our Facebook page:</p> 		1	2	3
		10:30-11:00 Quotes 11:00-12:00 Autism Spectrum Disorder 1:00-2:00 Spring Center Decorating 2:00-3:00 2 Truths & A Lie	10:30-11:00 Fit Club 11:00-12:00 What am I Struggling With? 1:00-2:00 Vision Boards 2:00-3:00 Balloon Badminton	10:30-11:00 WTD 11:00-12:00 Music by Request 1:00-2:00 Easter Brain Teasers & Lemonade 2:00-3:00 Easter Trivia
6	7	8	9	10
10:30-11:00: Symptom Check In 11:00-12:00: Coping w/ Dysfunction 1:00-2:00: Journal Prompts to Better Your MH 2:00-3:00: Uno	10:30-11:00: Fit Club 11:00-12:00: Denial & How it Affects Recovery 1:00-2:00: Creativeness in Recovery 2:00-3:00: Motivational Music	10:30-11:00 Coping Skills Ball 11:00-12:00 Boundaries Roleplay 1:00-2:00: BINGO 2:00-3:00: Worst Case Scenario	10:30-11:00: Fit Club 11:00-12:00 Personality Test 1:00-2:00 Lifescape Activity 2:00-3:00: Family Feud	10:30-11:00 2 Little, 2 Much 11:00-12:00 Human Icebreaker Bingo 1:00-2:00 Karaoke/Open Mic 2:00-3:00 Cornhole
13	14	15	16	17
10:30-11:00 Deep Breathing Exercises 11:00-12:00 Coping w/ Jealousy 1:00-2:00 Healing Through Art 2:00-3:00 This, That & Everything	10:30-12:30: Movie & Snacks 1:00-2:00 Recovery Trivia or Brain Teasers 2:00-3:00 Name 5	10:30-1:30 Lunch n Fun: "Role of the Drug Task Force (K-9 Presentation)" w/ Jesse Smith & Glen McMillin 1:30-2:00 Takeaways 2:00-3:00 Trivia	10:30-11:00: Fit Club 11:00-12:00 Emotion Charades 1:00-2:00 Work Ordered Day 2:00-3:00 Board Games	10:30-11:00 Current Events 11:00-12:00 Recovery Scavenger Hunt 1:00-2:00 Name that Tune 2:00-3:00 Would you Rather
20	21	22	23	24
10:30-11:00 Meditation 11:00-2:00 Paint n Sip 2:00-3:00 Cards	PRRC Closed for Spring Fling Party @ Firestone Park. (See Jenn to sign up) *MUST sign up by 4/6* 	10:30-11:00 Mindfulness Walk 11:00-12:00 Coping w/ Alcoholism 1:00-2:00 Gardening Skills 2:00-3:00 Scene It	10:30-11:00: Fit Club: Line Dance 11:00-12:00 Cooking Lesson 1:00-2:00 Spring Safety 2:00-3:00 Headbands	10:30-11:00 Check In 11:00-12:00 Karaoke 1:00-2:00 BINGO 2:00-3:00 Cornhole
27	28	29	30	1
10:30-11:00 Question Jenga 11:00- 12:00 The 12 Steps 1:00-2:00 Coping Skills Toolbox 2:00-3:00 Pictionary	10:30-11:00 Fit Club 11:00-12:00 I am a Person Who... 1:00-2:00 Activities to Boost Self Esteem 2:00-3:00 Scategories	10:30-11:00 Icebreakers 11:00-12:00 Clip Chat- Nutrition & Your MH 1:00-2:00 Work Ordered Day 2:00-3:00 Golf	10:30-11:00 Fit Club 11:00-12:00 Goals: Barriers & Accomplishments 1:00-2:00 Creative Expression 2:00-3:00 Music for Mood	10:30-11:00 Highs & Lows 11:00-12:00 Member Led Group: Living w/ an Alcoholic 1:00-2:00 Music 2:00-3:00 Trivia Crack



